



West Windsor Township

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DEPARTMENT OF HUMAN SERVICES
Division of Health

DATE: March 20, 2020

FOR IMMEDIATE RELEASE

West Windsor Township Health Department COVID-19 Investigation Update

West Windsor – West Windsor Health Department is reporting 3 additional cases of COVID-19, bringing the Township’s total to 4 residents. Public health investigations are actively underway and potential contacts will be notified. Our investigations have found that a symptomatic person positive for the illness attended a local gym. The facility has been notified by the Lawrence Township Health Department and management is in the process of contacting the membership directly. The individual attended the New Jersey Athletic Club located at 4152 Quakerbridge Road, Lawrenceville, NJ 08648 between the hours of 4 pm and 7:30 pm on March 9th, 11th, and 12th.

The purpose of this notification is to increase awareness to potential close contacts, to encourage self-monitoring for symptoms and isolation from those most at risk to serious health outcomes. This report reinforces the importance for those with underlying health conditions, pregnant women and the elderly to stay at home. As more cases are observed in New Jersey, we are urging all people to practice social distancing.

The public is advised to practice social distancing, avoid crowds and take every day preventative steps to protect themselves and others. It is very important to stay home when you are ill and avoid others with symptoms. Wash your hands with soap and water for at least 20 seconds or use hand sanitizer with at least 60% alcohol. Cover your coughs and sneezes using a tissue or sleeve. If you become ill, you must call the doctor or hospital before you go. Wear a mask, if available.

Everyone and every organization must do their part to help prevent the spread of this virus. Working together as a team we can help lessen the impact of this outbreak on our local community.

For more information, visit the West Windsor Township website at www.westwindsornj.org or the New Jersey Department of Health website at www.nj.gov/health or the Centers for Disease Control and Prevention at www.cdc.gov.